

**EML4551-2**

# Senior Design Team 519: Secure Fit Football Undershirt

Paul Cunningham, Vivi Huynh, Sawyer O'Bryan,  
Nicholas Palestrini, Morgan Sefcik

Morgan Sefcik

# Team Introduction



**Morgan Sefcik**  
*Project Manager and  
Design Engineer*



**Paul Cunningham**  
*Design and Materials  
Engineer*



**Vivi Huynh**  
*Design and  
Manufacturing  
Engineer*



**Sawyer O'Bryan**  
*Design and Materials  
Engineer*



**Nicholas Palestrini**  
*Product Development  
and Data Engineer*

Morgan Sefcik



# Sponsor and Advisor



**Sponsor**  
Mike Holloway  
*Survivor 30th Season Winner*



**Academic Advisor**  
Christian Hubicki, Ph.D.  
*Assistant Professor*

Morgan Sefcik

# Project Objective

**The objective of this project is to reduce injuries of football players through the improvement of shoulder pads.**

Morgan Sefcik

# Key Goals

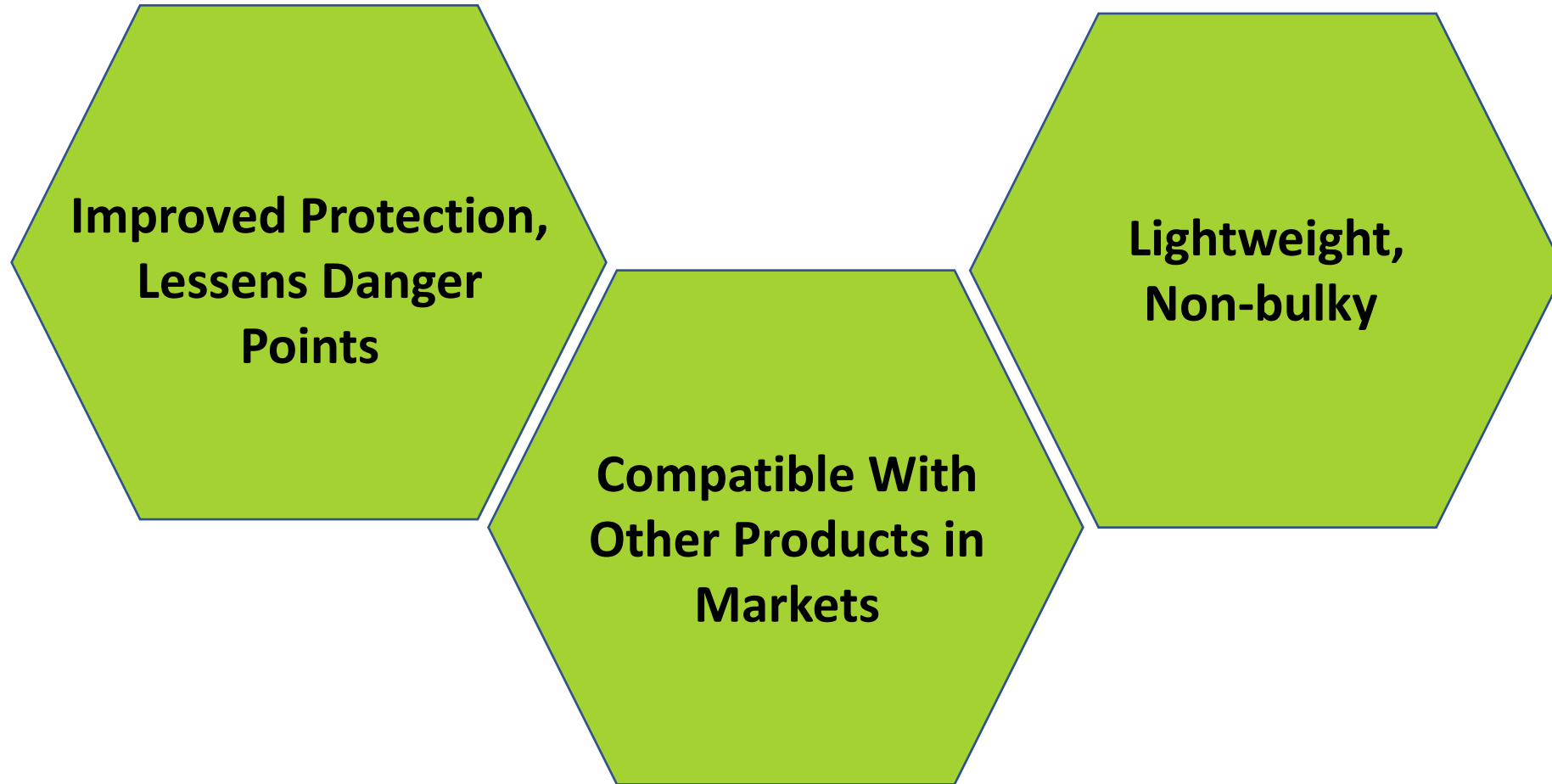
**Optimal  
Fit**

**Lifespan and  
Durability**

**Prevent  
Restrictions  
of  
Movement**

Morgan Sefcik

# Fundamental Needs



Morgan Sefcik

# Selected Design

Morgan Sefcik



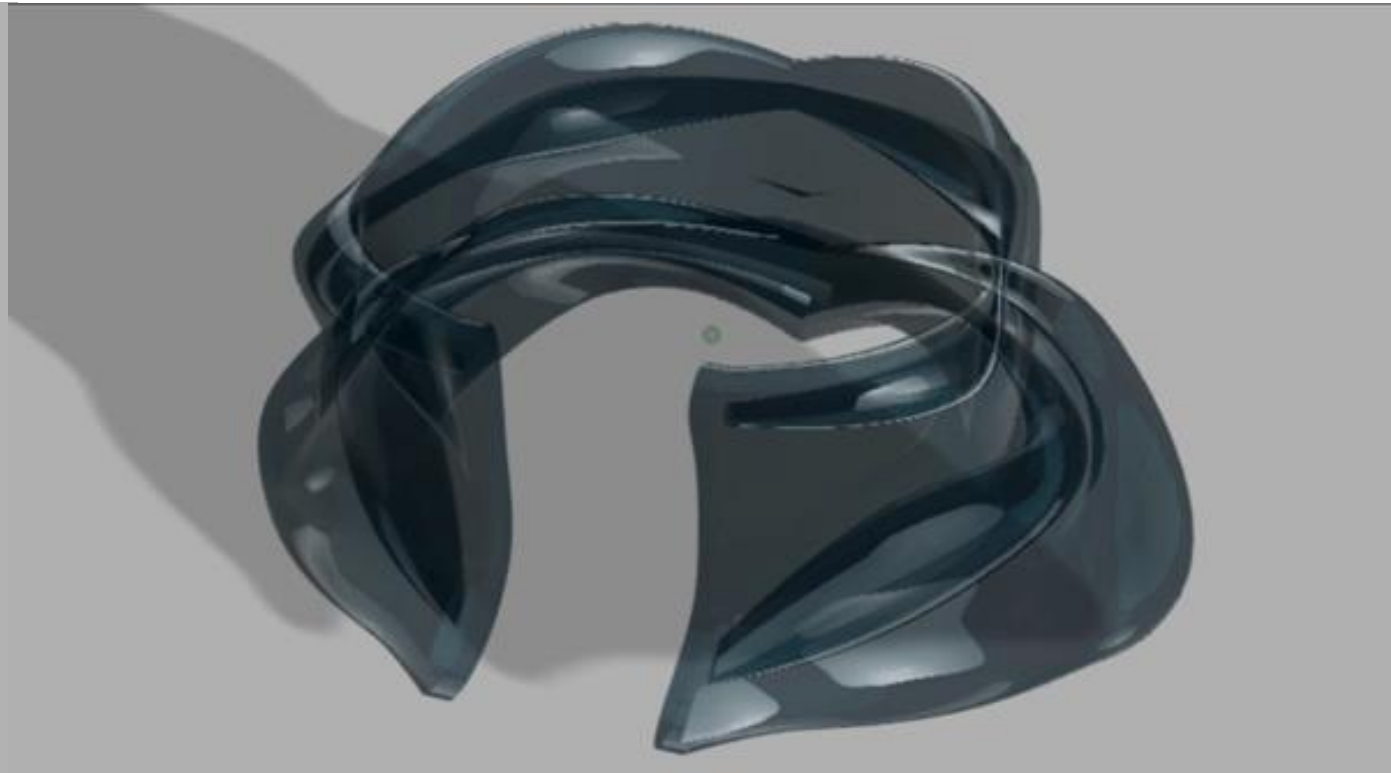
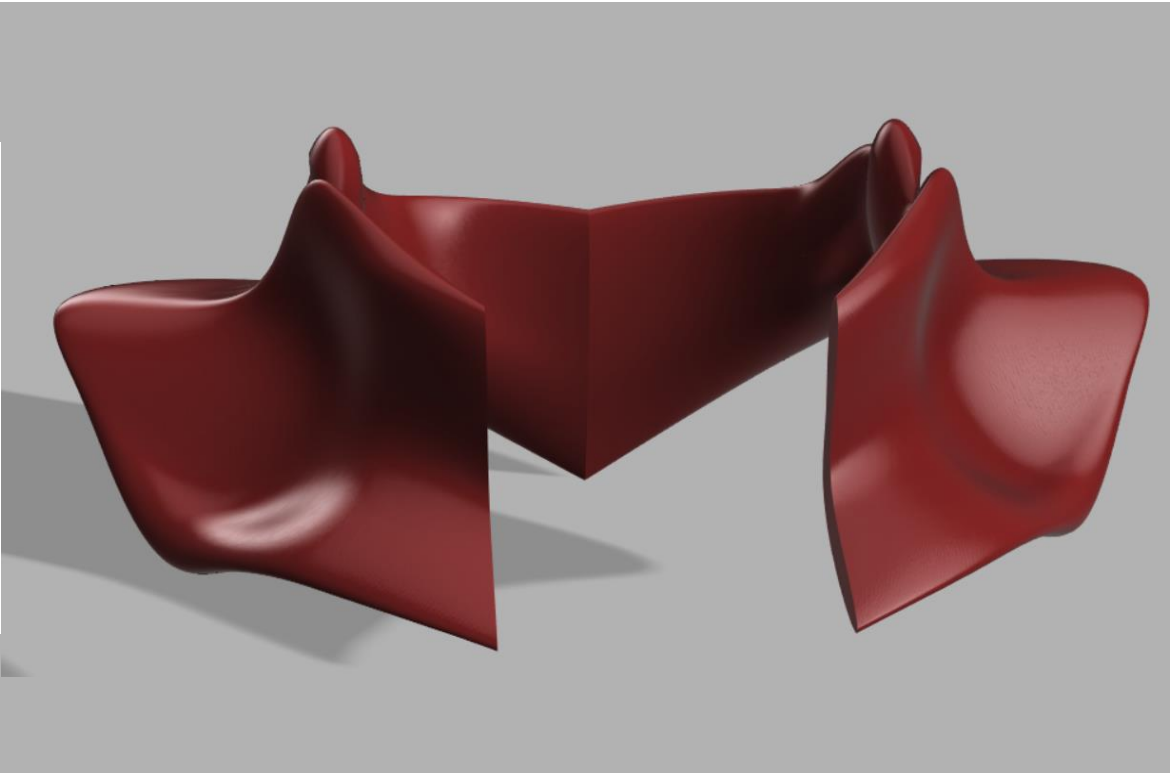
# Undershirt Design



Morgan Sefcik



# Collar Designs



Morgan Sefcik

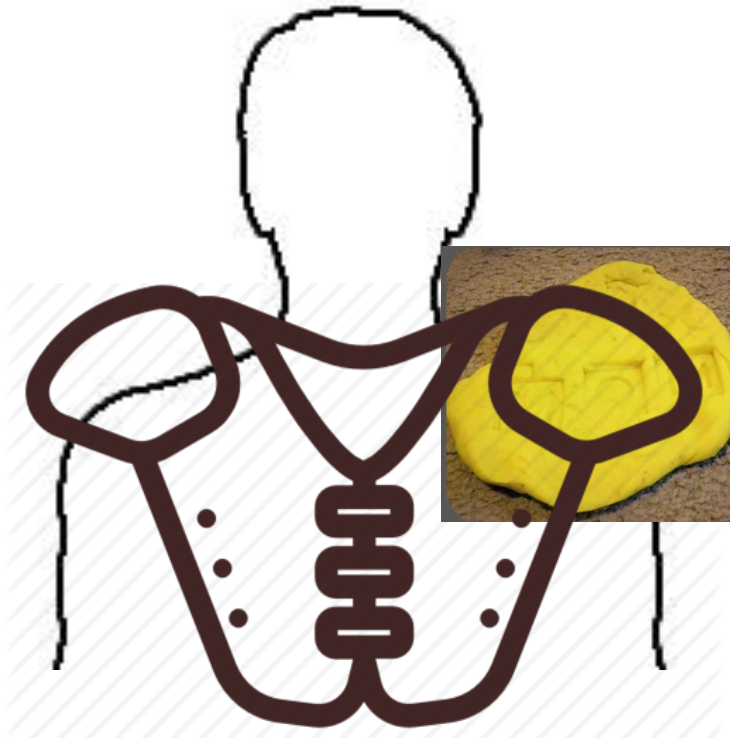
# Methods of Validation: Undershirt

Sawyer O'Bryan



# Fit Optimization: Shoulder Mold

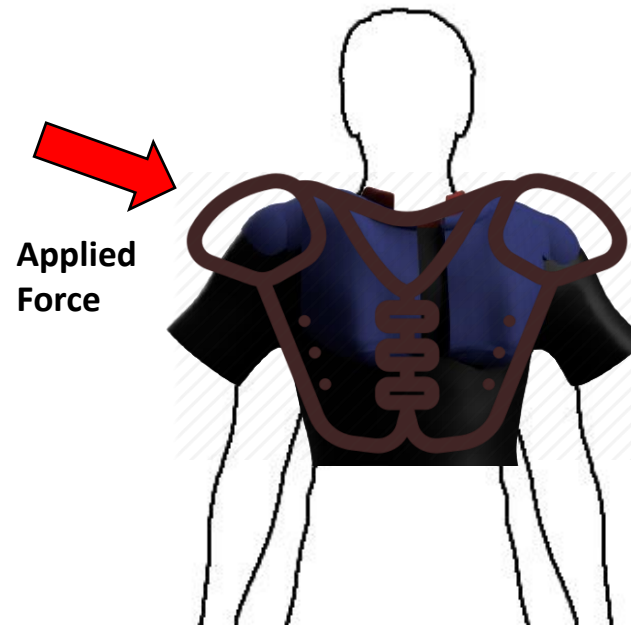
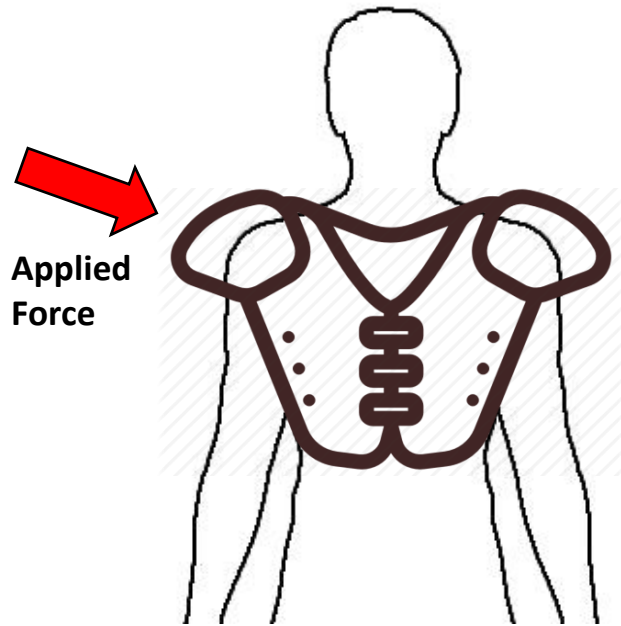
Measurement: Dimensions (m) and Volume (m<sup>3</sup>) of mold



Sawyer O'Bryan

# Slip Test

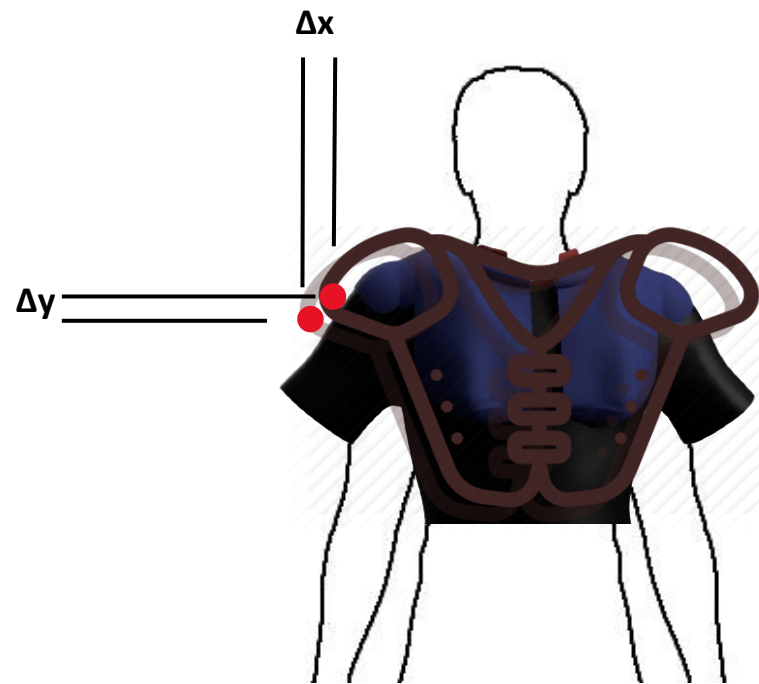
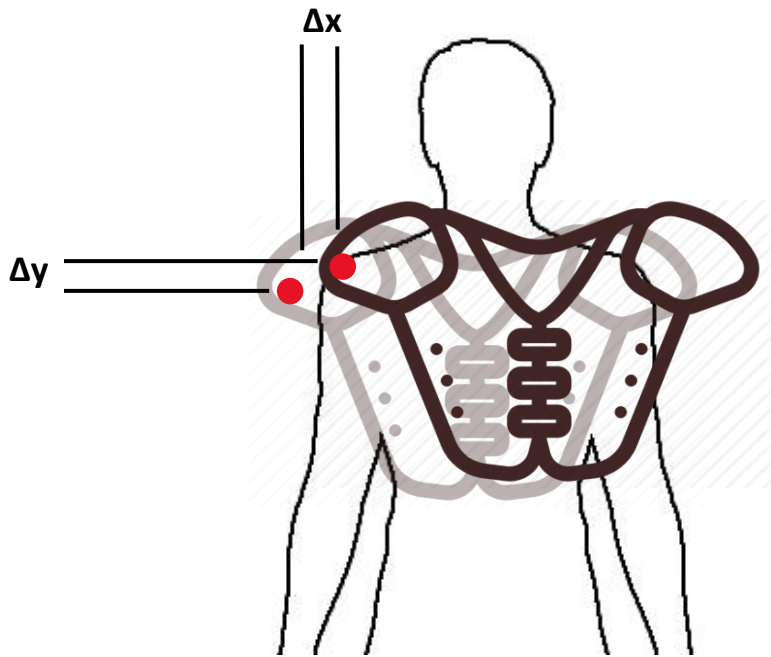
Measurement: Displacement (m)



Sawyer O'Bryan

# Slip Test

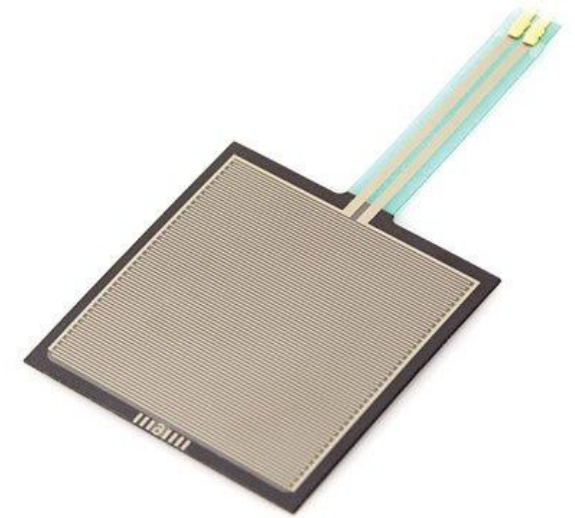
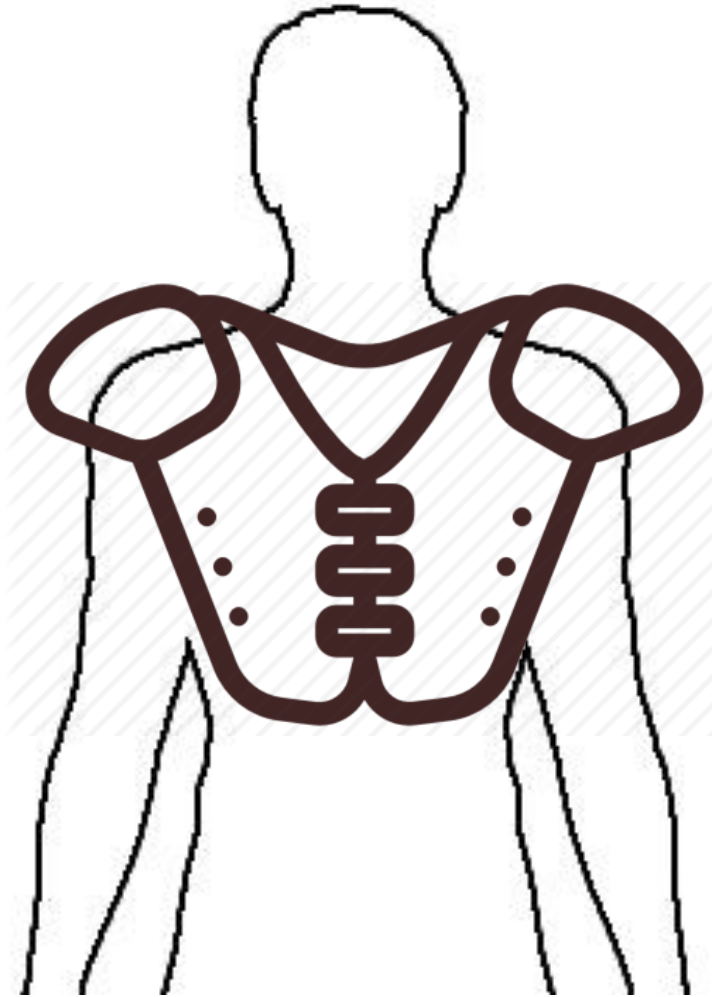
Measurement: Displacement (m)



Sawyer O'Bryan

# Impact Test

Measurement: Force (N)

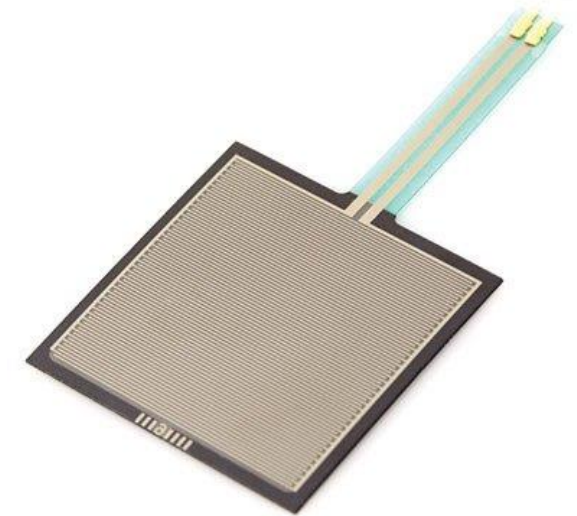
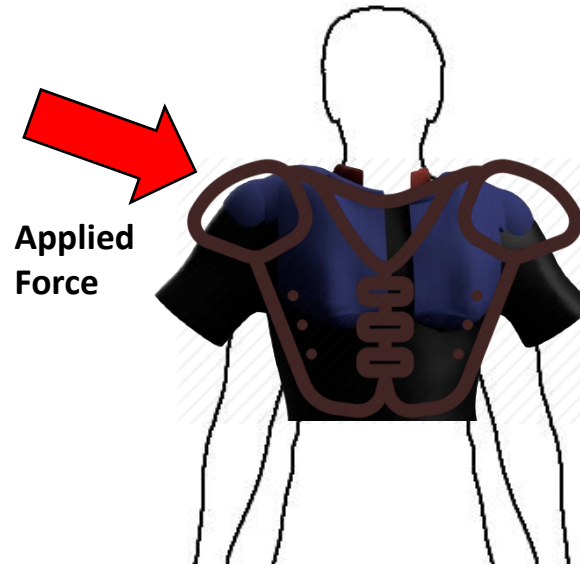
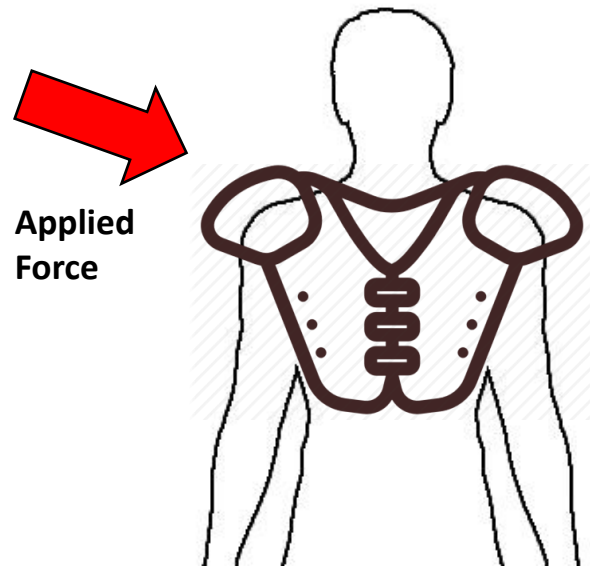


Force Sensor

Sawyer O'Bryan

# Impact Test

Measurement: Force (N)



Force Sensor

Sawyer O'Bryan

# Methods of Validation: Air Pockets

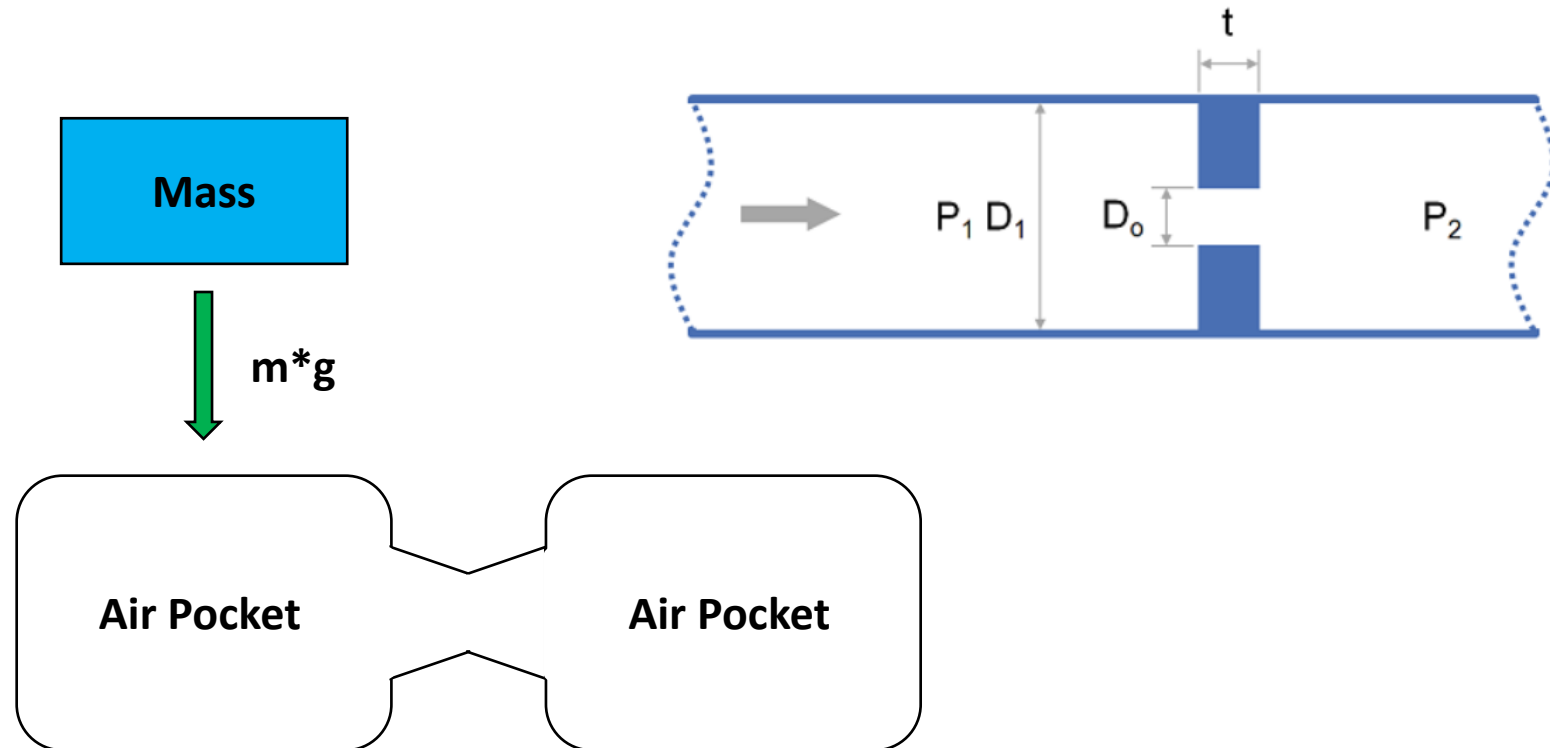
Nicholas Palestrini





# Air Damping: Drop Test

Measurement: Amplitude of Oscillations, time to return to equilibrium (s)



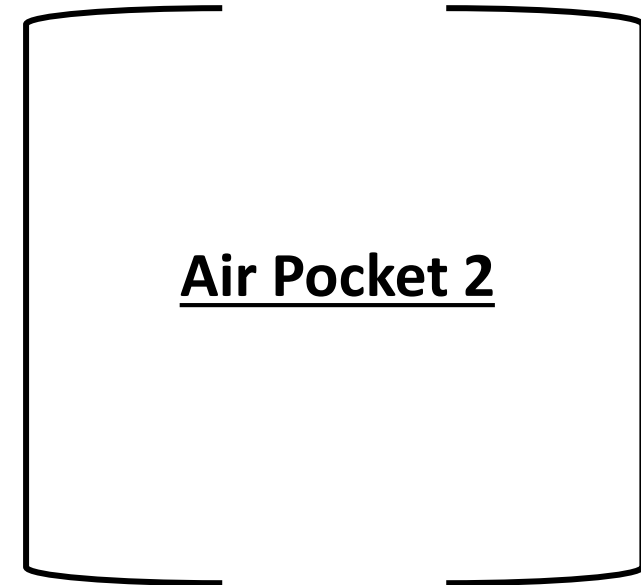
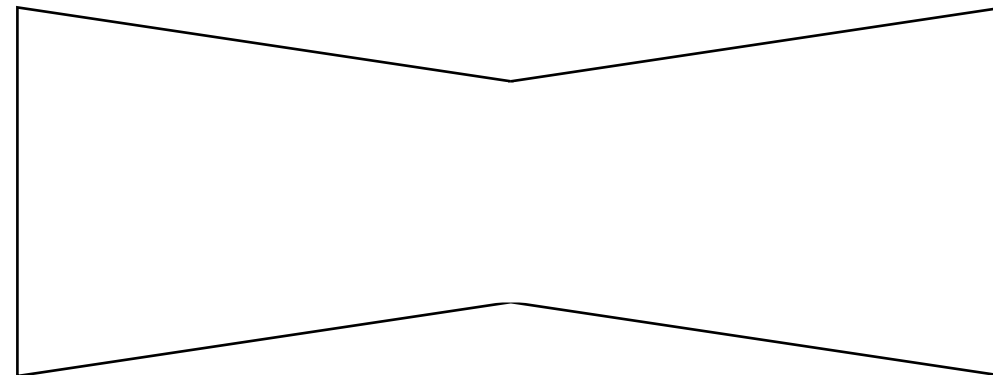
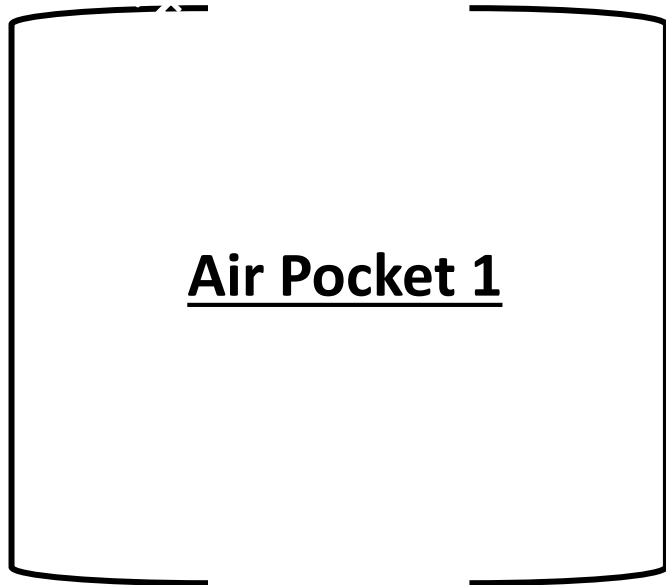
Nicholas Palestrini

# Air Damping: Nozzle Model Problem

Measurement: Velocity (m/s)

Motion Equation

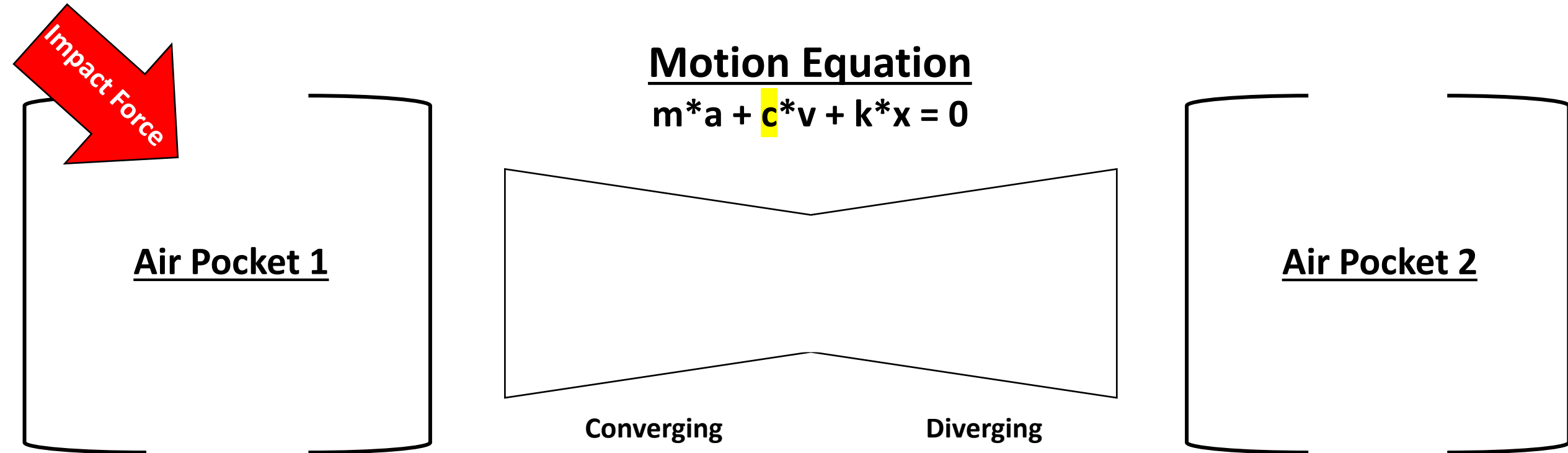
$$m \cdot a + c \cdot v + k \cdot x = 0$$



Nicholas Palestrini

# Air Damping: Nozzle Model Problem

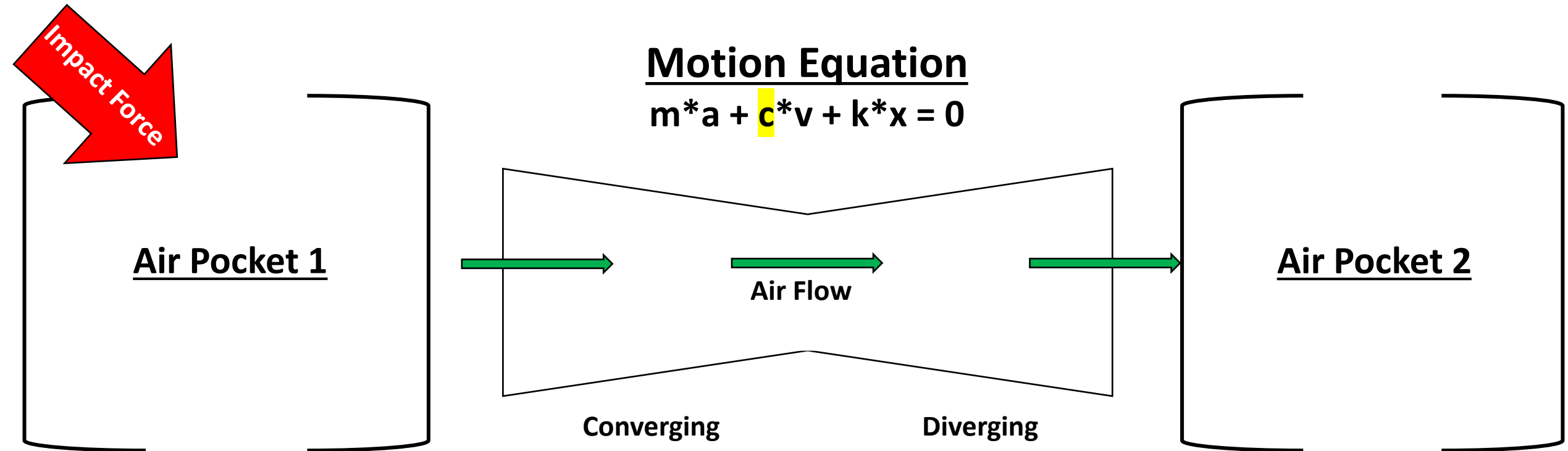
Measurement: Velocity (m/s)



Nicholas Palestrini

# Air Damping: Nozzle Model Problem

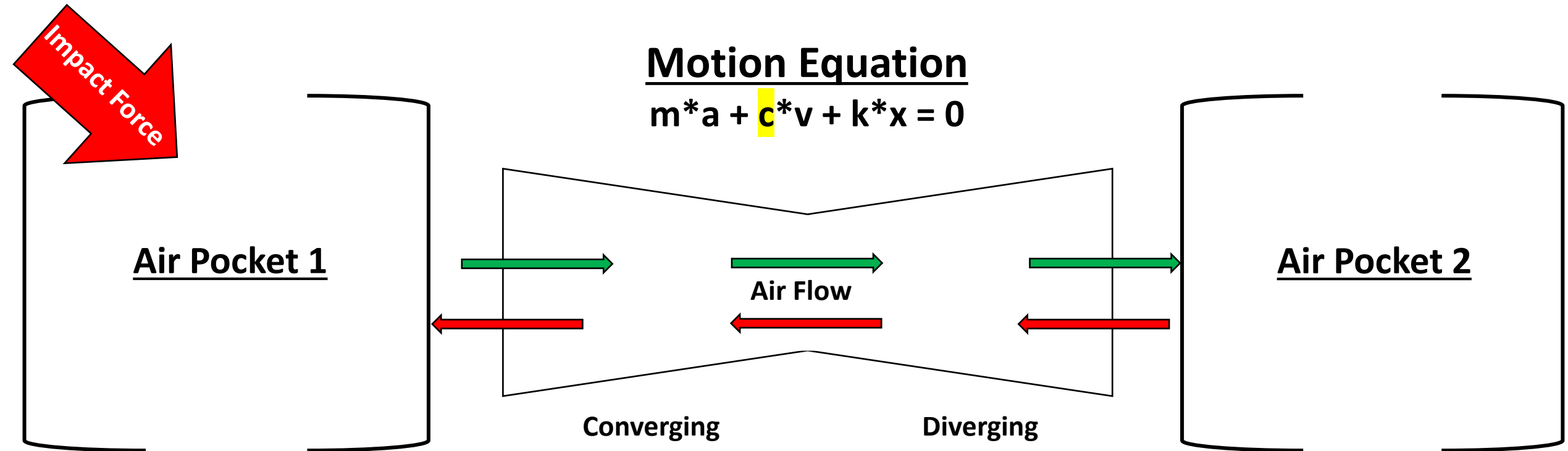
Measurement: Velocity (m/s)



Nicholas Palestrini

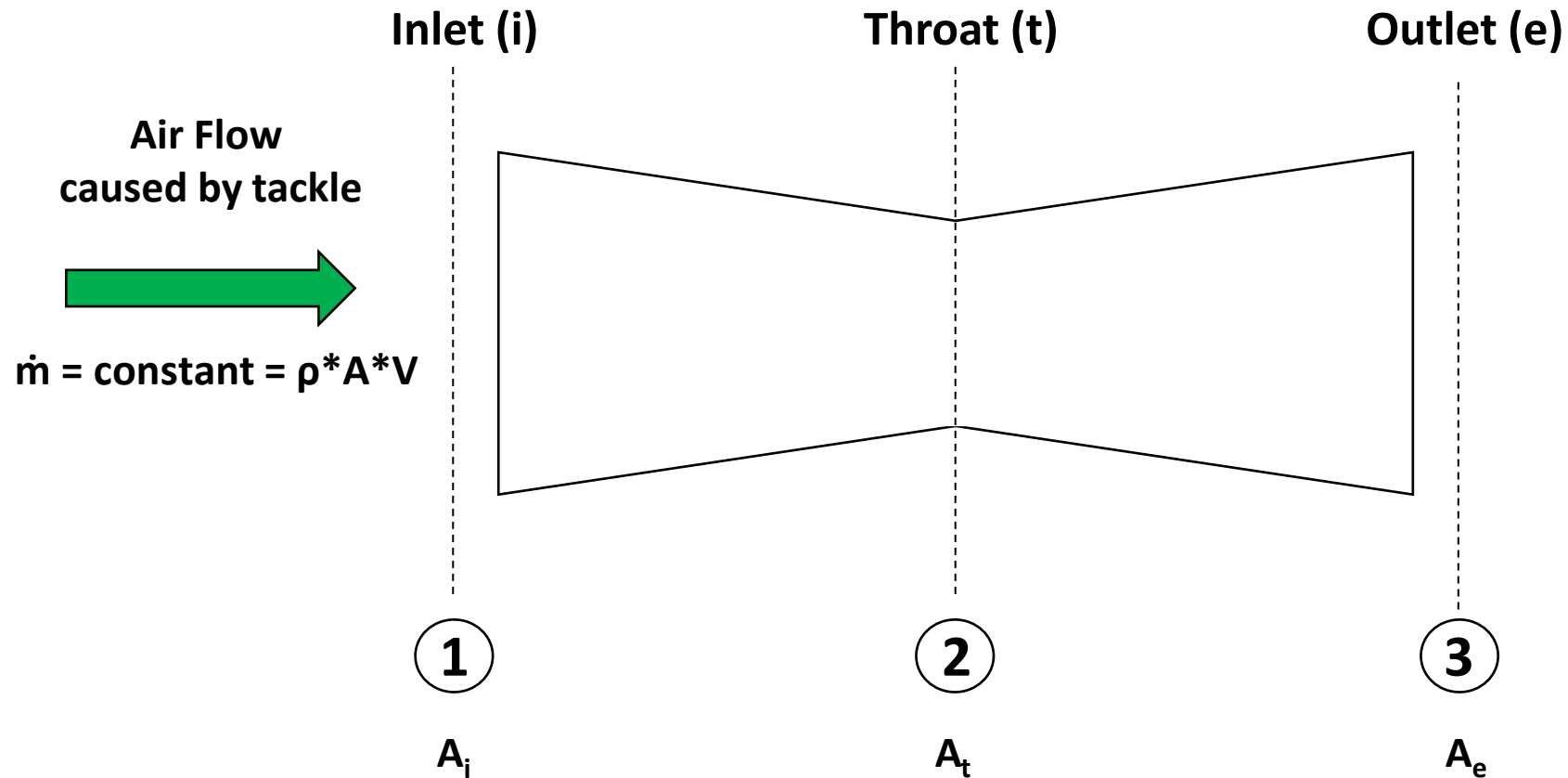
# Air Damping: Nozzle Model Problem

Measurement: Velocity (m/s)



Nicholas Palestrini

# Air Damping: Nozzle Model Problem



Nicholas Palestrini

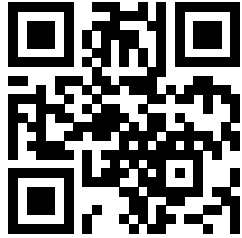
# References

1. Crew, B. (n.d.). Physicists Might Have Just Solved The Mystery of Non-Newtonian Fluids. Retrieved November 06, 2020, from <https://www.sciencealert.com/physicists-might-have-just-solved-the-mystery-of-non-newtonian-fluids>
2. Elliott, P. W., PhD. (217). We're Working with Padding Manufacturers to Develop Safer Systems and Differentiate Products. Retrieved October 30, 2020, from <http://asetervices.com/wp-content/uploads/2018/08/mat-pit-pad-introducton.pdf>
3. Foam Products Company offers a variety of Open Cell and Closed Cell Foams that are made in the U.S.A. (n.d.). Retrieved November 06, 2020, from <https://www.allfoam.com/index.html>
4. NASA Technical Reports Server (NTRS). (n.d.). Retrieved October 30, 2020, from <https://ntrs.nasa.gov/citations/20160006281>
5. Schutt Air XP Pro Q10 Football Helmet. (n.d.). Retrieved November 06, 2020, from <https://www.schuttsports.com/air-xp-pro-q10-football-helmet.html>
6. Vinoski, J. (2019, May 29). Guarding Against Concussions: Startup Auxadyne Makes Ultra-Cushioning Foam For Helmets, Prosthetics. Retrieved November 06, 2020, from <https://www.forbes.com/sites/jimvinoski/2019/05/24/auxadynes-foam-padding-might-just-save-your-head-and-other-parts-too/?sh=2f8c15853969>
7. Broekaart, D. Foam Indentation with Abaqus FEA. Retrieved November 06, 2020, from <https://info.simuleon.com/blog/foam-indentation-with-abaqus-fea>

Nicholas Palestrini



# Contact Information

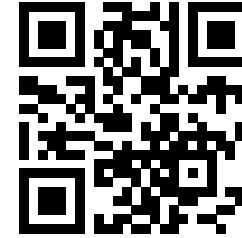


**Paul Cunningham**

Email: [pmcham22@gmail.com](mailto:pmcham22@gmail.com)

Cell: +1 (850) 556-0917

LinkedIn: <https://qrgo.page.link/YFhgd>

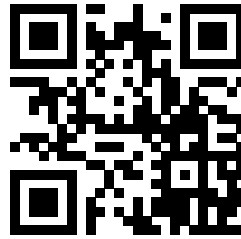


**Sawyer O'Bryan**

Email: [sawyerobryan333@gmail.com](mailto:sawyerobryan333@gmail.com)

Cell: +1 (850) 557-3995

LinkedIn: <https://qrgo.page.link/NxotS>



**Nicholas Palestrini**

Email: [nick.palestrini@gmail.com](mailto:nick.palestrini@gmail.com)

Cell: +1 (813) 716-6292

LinkedIn: <https://qrgo.page.link/tJnXR>

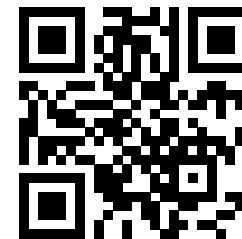


**Morgan Sefcik**

Email: [morgansefcik@gmail.com](mailto:morgansefcik@gmail.com)

Cell: +1 (904) 718-4838

LinkedIn: <https://qrgo.page.link/EfpbR>



**Vivi Huynh**

Email: [vivi.huynh@outlook.com](mailto:vivi.huynh@outlook.com)

Cell: +1 (850) 341-6531

LinkedIn: <https://qrgo.page.link/wmcnz>

Nicholas Palestrini





Consistency Check		
{Ws}	{W}	Cons
3.78	0.502	7.54
1.19	0.168	7.09
0.67	0.104	6.45
0.91	0.143	6.40
0.25	0.041	6.18
0.27	0.043	6.35
Average ( $\lambda$ )		6.67

Consistency Comparison	
$\lambda - n$	0.67
$n - 1$	5
Consistency index	0.133
RI Value	1.35
Consistency Ratio	0.099

